



IGA MULTI EVENT CARNIVAL

**SUNDAY 8 November 2009, 9am – 3pm (approx)
AIS ATHLETICS FIELD, BRUCE.**

ENTRY: OPEN TO ALL ACTLAA REGISTERED U8 to U17 ATHLETES.

COST: FREE

Athletes compete in 4 (U8 – U12) or 5 (U13 – U17) events as follows:

	Events for multi-event points
U8G	70m, 200m, Long Jump, Shot Put
U8B	70m, 200m, Long Jump, Shot Put
U9G	100m, 800m , Long Jump, Shot Put
U9B	100m, 800m, Long Jump, Shot Put
U10G	100m, 800m, Long Jump, Shot Put
U10B	100m, 800m, Long Jump, Shot Put
U11G	100m, 800m, Long Jump, Shot Put
U11B	100m, 800m, Long Jump, Shot Put
U12G	100m, 800m, Long Jump, Discus
U12B	100m, 800m, Long Jump, Discus
U13G	100m, 800m, 80m Hurdles, Long Jump, Discus
U13B	100m, 800m, 80m Hurdles, Long Jump, Discus
U14G	100m, 800m, 80m Hurdles, Long Jump, Discus
U14B	100m, 800m, 90m Hurdles, Long Jump, Discus
U15G	100m, 800m, 90m Hurdles, Long Jump, Discus
U15B	100m, 800m, 100m Hurdles, Long Jump, Discus
U17G	100m, 800m, 100m Hurdles, Long Jump, Discus
U17B	100m, 800m, 100m Hurdles, Long Jump, Discus

Medals will be awarded to 1st, 2nd and 3rd best overall point scorers in each age group.

Athletes must compete in their approved Centre Uniform, complete with current age patch and registration number. The wearing of footwear is mandatory.

The wearing of running spikes is permitted only in the Under 9 and above age groups, however the wearing of spikes is not permitted in non-laned track events (ie 800m) for any age group. The actual spikes must be no

longer than 7mm at the Bruce Athletics facility (5mm is optimum).

All track events will be time trials only and competitors will be allowed three (3) trials only in all field events.

As Bruce is an all weather track, the Carnival will be held on the stated day regardless of the weather.

Certificates will also be provided listing athletes' performances in each event.

Please notify your Centre if you are interested in attending.

