

# Parent Roster

Please number three (3) in order of priority.

Officials Name: \_\_\_\_\_

Time:	Preference (Number 1 – 2)
9.00am – 12 noon	
12 noon – 3pm	

Official Position	Preference (1 – 3)	Please indicate if able to be Chief (Y/N)
Place Judge		
Timekeeper/Timing Gates		
Discus		
Shot Put		
Long Jump / Triple Jump		
High Jump		
Javelin		
BBQ Chef		
Canteen Helper		

Enquiries should be directed to the Carnival Coordinator via e-mail to [carnival@lla.org.au](mailto:carnival@lla.org.au) or Cathy Tanks on 62940584 or 0414 940584. Please check our Web Site for further information or any changes ([www.lla.org.au](http://www.lla.org.au)).

# CLUB CARNIVAL

SUNDAY 14 February 2010

Commences at 9.00am sharp



Entry is open to athletes currently registered with a Little Athletics centre. Athletes may compete in a maximum of 5 events. An entry fee of \$5.00 per event or \$20.00 for all 5 events, must accompany all entries.

Medals will be awarded in each final to the first three place-getters. All athletes will receive participation ribbons for every event. Results will be available on the website.

**Open Events** - We are offering an Open Boys and Open Girls 1500m Walk for athletes who are in the U12 and above age groups only. (ie. no U11's or below)



Special Valentine's Day Raffle



**Entries close strictly on Friday 5<sup>th</sup> February 2010.**

**SORRY NO ENTRIES OR CHANGES WILL BE ACCEPTED ON THE DAY**

	Events Available in each Age Group:
All U6	50M, 70M, 100M, 200M, LONG JUMP, DISCUS
All U7	70M, 100M, 200M, LONG JUMP, DISCUS, SHOTPUT
All U8	70M, 100M, 200M, HURDLES, LONG JUMP, DISCUS, SHOTPUT
All U9	70M, 100M, 200M, 800M, LONG JUMP, SHOTPUT, DISCUS
All U10	100M, 200M, 800M, HURDLES, LONG JUMP, SHOTPUT, DISCUS
All U11	100M, 200M, 400M, HIGH JUMP, LONG JUMP, DISCUS, SHOTPUT
All U12	100M, 200M, 800M, HURDLES, TRIPLE JUMP, SHOTPUT, DISCUS, OPEN WALK
All U13	100M, 400M, 1500M, HIGH JUMP, LONG JUMP, SHOTPUT, JAVELIN, OPEN WALK
All U14	100M, 200M, 800M, HURDLES, TRIPLE JUMP, DISCUS, JAVELIN, OPEN WALK
All U15	100M, 400M, 1500M, LONG JUMP, HIGH JUMP, SHOTPUT, JAVELIN, OPEN WALK
All U17	100M, 200M, 400M, 800M, LONG JUMP, SHOT PUT, DISCUS, OPEN WALK

**NOTE:** Where events are not offered in an age group, athletes may compete in the next higher age group only at that age groups specifications. (Except for the open walk)

**EVENT RULES:** The Carnival will be conducted under current ACTLAA (U6-U17) rules; however local rules (Lanyon) take precedence. Note: Footwear must be worn for all events. Competitors must wear Club uniforms with current age patch and registration number. Track events will take precedence over field events. Heats will be run if necessary, but all track events will be timed finals. The fastest three (3) times will determine the medals. There will be no minimum time between track events. In field events all competitors will be allowed three trials only.

**OFFICIALS:** Each club is requested to nominate one official for every three athletes entered by the club. Preferred duties may be nominated. Allocations will be displayed on the notice board on the day.

**POSTPONEMENT:** If weather conditions prevent the carnival from being run notification will be posted on our **Club Web Site** ([www.la.org.au](http://www.la.org.au)) and broadcast on 1053 and 1206 AM radio stations, and on 106.3 and 104.7 FM. In the event of a cancellation entry fees CAN NOT be refunded but we will run the carnival on an alternate day, likely to be Sunday 21<sup>st</sup> February 2010.

**CANTEEN/BARBEQUE:** The canteen and the barbeque will be open from 9.00am. A range of healthy foods, hot foods, snacks and drinks will be available throughout the day at reasonable prices. Depending on the number of entries to the carnival and/or weather conditions on the day there may be a designated lunch break.

**PRESENTATION:** Medal presentations will take place throughout the day. Participation ribbons will be distributed to each athlete at the event. Results will be available on the web site post competition.

**DIRECTIONS TO BANKS OVAL:** Head south down Tharwa Drive and continue past the Lanyon Marketplace Shopping Centre. Turn left at the roundabout into Box Hill Ave (note that this is the second Box Hill Avenue intersection. It is not the one on the corner of Lanyon Marketplace). Take first right into Pockett Ave. Our oval is in Betty Maloney Crescent which is the 4<sup>th</sup> on the right along Pockett Avenue. Please be aware that parking is extremely limited!!!!

*On behalf of the Lanyon Little Athletics committee we look forward to seeing you at the Carnival and having a relaxed family fun day. As in previous years there will also be some novelty races on the day – Mums & Dads start training.....*

*Lyn Mitchell  
President  
Lanyon Little Athletics*

Enquiries should be directed to the Carnival Coordinator via e-mail to [carnival@la.org.au](mailto:carnival@la.org.au) or Cathy Tanks on 62940584 or 0414 940584. Please check our Web Site for further information or any changes ([www.la.org.au](http://www.la.org.au)).

**PLEASE RETURN THE ENTRY AND PARENT ROSTER FORM WITH PAYMENT  
(Cheque or Money Order is preferred)  
TO: LANYON LITTLE ATHLETICS CLUB,  
PO BOX 6270, CONDER, ACT 2906  
Attention Carnival Coordinator**

PARENT NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CONTACT NUMBER: \_\_\_\_\_ E-MAIL \_\_\_\_\_

### ATHLETES ENTRY FORM

**Club:**

**Name Athlete 1:**

Age Group**		GIRL / BOY			Rego No:		
Events (Max 5 – circle entered event/s please - check age group event list first)							
50	70	100	200	400	800	1500	Walk Hurdles
Long Jump	Triple Jump	High Jump	Discus	Shot Put	Javelin		

**Name Athlete 2:**

Age Group**		GIRL / BOY			Rego No:		
Events (Max 5 – circle entered event/s please- check age group event list first)							
50	70	100	200	400	800	1500	Walk Hurdles
Long Jump	Triple Jump	High Jump	Discus	Shot Put	Javelin		

**Name Athlete 3:**

Age Group**		GIRL / BOY			Rego No:		
Events (Max 5 – circle entered event/s please- check age group event list first)							
50	70	100	200	400	800	1500	Walk Hurdles
Long Jump	Triple Jump	High Jump	Discus	Shot Put	Javelin		

\*\* Please do not put athletes' actual ages but their age group (for example U9).