

## SATURDAY 20 March 2010

FIELD	9.00am							
Shot(Area 4)	<b>101</b> U15B <b>102</b> U17B	<b>114</b> U14B	<b>127</b> U13B	<b>139</b> U9B				
Shot(Area 1)	<b>103</b> U15G <b>104</b> U17G	<b>115</b> U9G	<b>128</b> U13G	<b>140</b> U14G				
Discus(Area 3)	<b>106</b> U10B	<b>117</b> U12B	<b>129</b> U8B	<b>141</b> U11B				
Discus(Area 2)	<b>107</b> U10G	<b>118</b> U12G	<b>130</b> U8G	<b>142</b> U11G				
Long(Area 4)	<b>108</b> U13B	<b>119</b> U13G	<b>132</b> U12B	<b>144</b> U12G	<b>152</b> U15G <b>153</b> U17G			
Long(Area 1)	<b>109</b> U9B	<b>120</b> U8G	<b>133</b> U9G	<b>145</b> U8B				
Triple(Area 2)	<b>110</b> U11B	<b>121</b> U11G	<b>134</b> U14B	<b>146</b> U15B <b>147</b> U17B	<b>154</b> U14G			
High(Area 2)	<b>111</b> U14B	<b>122</b> U15B <b>123</b> U17B	<b>135</b> U10B	<b>148</b> U12B				
High(Area 1)	<b>112</b> U14G	<b>124</b> U15G <b>125</b> U17G	<b>136</b> U12G	<b>149</b> U10G				
Javelin	<b>113</b> U11G	<b>126</b> U11B	<b>137</b> U15B <b>138</b> U17B	<b>150</b> U15G <b>151</b> U17G	<b>155</b> U13G			

### TRACK 9.00am

#### 1500m Finals

<b>201</b> U10G	<b>202</b> U10B
<b>203</b> U11G	<b>204</b> U11B
<b>205</b> U12G	<b>206</b> U12B
<b>207</b> U13G	<b>208</b> U13B
<b>209</b> U14G	<b>210</b> U14B
<b>211</b> U15G	<b>212</b> U15B
<b>213</b> U17G	<b>214</b> U17B

#### 400m Finals

<b>239</b> U9G	<b>240</b> U9B
<b>241</b> U10G	<b>242</b> U10B
<b>243</b> U11G	<b>244</b> U11B
<b>245</b> U12G	<b>246</b> U12B
<b>247</b> U13G	<b>248</b> U13B
<b>249</b> U14G	<b>250</b> U14B
<b>251</b> U15G	<b>252</b> U15B
<b>253</b> U17G	<b>254</b> U17B

#### 100m Finals

<b>217</b> U8G	<b>218</b> U8B
<b>219</b> U9G	<b>220</b> U9B
<b>221</b> U10G	<b>222</b> U10B
<b>223</b> U11G	<b>224</b> U11B
<b>225</b> U12G	<b>226</b> U12B
<b>227</b> U13G	<b>228</b> U13B
<b>229</b> U14G	<b>230</b> U14B
<b>231</b> U15G	<b>232</b> U15B
<b>233</b> U17G	<b>234</b> U17B

#### 60m Hurdles

<b>255</b> U8G	<b>256</b> U8B
<b>257</b> U9G	<b>258</b> U9B
<b>259</b> U10G	<b>260</b> U10B
<b>261</b> U11G	<b>262</b> U11B
<b>263</b> U12G	<b>264</b> U12B

#### 50m Finals

<b>237</b> U8G	<b>238</b> U8B
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#### Minimum rest time after event to next track event:

1500m	40	Minutes
100m	20	Minutes
50m	15	Minutes
400m	40	Minutes
60 Hurdles	15	Minutes

## SUNDAY – 21 March 2010

FIELD	9.00am								
Shot(Area 4)	<b>501</b>	U10B	<b>512</b>	U8B	<b>524</b>	U12B	<b>536</b>	U11B	
Shot(Area 1)	<b>502</b>	U8G	<b>513</b>	10G	<b>525</b>	U12G	<b>537</b>	U11G	
Discus(Area 3)	<b>503</b>	U14B	<b>514</b>	U15B	<b>527</b>	U9B	<b>539</b>	U13B	
			<b>515</b>	U17B					
Discus(Area 2)	<b>504</b>	U9G	<b>516</b>	U14G	<b>528</b>	U15G	<b>540</b>	U13G	
					<b>529</b>	U17G			
Long(Area 4)	<b>506</b>	U14G	<b>518</b>	U11B	<b>530</b>	U11G	<b>541</b>	U15B	
							<b>542</b>	U17B	
Long(Area 1)	<b>507</b>	10G	<b>519</b>	10B	<b>531</b>	14B			
Triple(Area 2)	<b>508</b>	U13B	<b>520</b>	U12G	<b>532</b>	U13G	<b>543</b>	U12B	<b>545</b> U15G
									<b>546</b> U17G
High(Area 2)	<b>509</b>	U9B	<b>521</b>	U13B	<b>533</b>	U11B			
High(Area 1)	<b>510</b>	U13G	<b>522</b>	U11G	<b>534</b>	U9G			
Javelin	<b>511</b>	U12G	<b>523</b>	U12B	<b>535</b>	U14B	<b>544</b>	U13B	<b>547</b> U14G

### TRACK

9.00am

#### 1500m Walks

#### Finals

<b>601</b>	U17G	<b>602</b>	U17B
<b>603</b>	U15G	<b>604</b>	U15B
<b>605</b>	U14G	<b>606</b>	U14B
<b>607</b>	U13G	<b>608</b>	U13B
<b>609</b>	U12G	<b>610</b>	U12B

#### 1100m Walks

#### Finals

<b>611</b>	U11G	<b>612</b>	U11B
<b>613</b>	U10G	<b>614</b>	U10B

#### 700m Walks

#### Finals

<b>615</b>	U9G	<b>616</b>	U9B
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#### 70m

<b>617</b>	U10G	<b>618</b>	U10B
<b>619</b>	U9G	<b>620</b>	U9B
<b>621</b>	U8G	<b>622</b>	U8B

#### 80m Hurdles

#### Finals

<b>625</b>	U13G	<b>626</b>	U13B
<b>627</b>	U14G		

#### 90m Hurdles

#### Finals

<b>629</b>	U15G	<b>628</b>	U14B
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#### 100m Hurdles

#### Finals

<b>631</b>	U17G	<b>630</b>	U15B
		<b>632</b>	U17B

#### 800m

#### Finals

<b>633</b>	U9G	<b>634</b>	U9B
<b>635</b>	U10G	<b>636</b>	U10B
<b>637</b>	U11G	<b>638</b>	U11B
<b>639</b>	U12G	<b>640</b>	U12B
<b>641</b>	U13G	<b>642</b>	U13B
<b>643</b>	U14G	<b>644</b>	U14B
<b>645</b>	U15G	<b>646</b>	U15B
<b>647</b>	U17G	<b>648</b>	U17B

#### 200m

#### Finals

<b>649</b>	U8G	<b>650</b>	U8B
<b>651</b>	U9G	<b>652</b>	U9B
<b>653</b>	U10G	<b>654</b>	U10B
<b>655</b>	U11G	<b>656</b>	U11B
<b>657</b>	U12G	<b>658</b>	U12B
<b>659</b>	U13G	<b>660</b>	U13B
<b>661</b>	U14G	<b>662</b>	U14B
<b>663</b>	U15G	<b>664</b>	U15B
<b>665</b>	U17G	<b>666</b>	U17B

#### Minimum rest time after event until next track event:

70m	15 Minutes
80 Hurdles	15 Minutes
90 hurdles	25 Minutes
100 hurdles	30 Minutes
800m	40 Minutes
200m	30 Minutes

**Minimum time between walks and 800m:**

60 Minutes